



Thank you for downloading the  
**CQ Rewind - Summary Only Version!**

Each week, the **Summary Only** version provides you with approximately four pages of brief excerpts from the program, along with Scripture citations.

If you would like to receive the  
**CQ Rewind FULL EDITION** at no charge, simply sign up at  
[www.ChristianQuestions.com](http://www.ChristianQuestions.com).

The **FULL EDITION** of approximately 10-12 pages includes comprehensive excerpts from the program, fully quoted Scriptures, graphics, illustrations, and even extra study points that time prevented us from covering during the live program.



## Virtual Sex and Pornography - Does God Care?

**Romans 1:28: (NASB) *And just as they did not see fit to acknowledge God any longer, God gave them over to a depraved mind, to do those things which are not proper.***

Never have we been in such a place of insidious contradiction. On the one hand, technology has opened a once-locked door of accessibility, as anyone with an internet connection can now reach that which was once thought to be unreachable regarding knowledge, understanding and goodness. On the other hand, technology has given the world the opportunity to throw open the door of reckless indulgence and to have our curiosities draw us into a dark and powerful vortex of destructive sights, sounds and activity. Sexual behavior, once considered a sacred behavior, has become a mainstream and malignant tumor within our culture that quietly eats away at our humanity under the guise of “freedom of expression.” Pornography - with all its degrading extremity, explicitness and violence - has become the single most popular destination of the billions who search the web. It is a web of entrapment that leads to the ruining of countless lives and relationships. What can we do about it? What *should* we do about it? Is there a way out of this godless web once you have become entangled?

**Due to the graphic nature of our conversation today, we ask parents to use their discretion regarding the sensitive ears of their children. We do recommend it be used as a tool for teenagers when appropriate.**



 **Addictive, *The Science of Pornography Addiction, AsapSCIENCE***

Our perspective on this issue is blunt: All pornography and online sexual encounters are sins of a most degrading nature. Period. Having said that, we realize that because of their lure and addictiveness, there are many who find themselves either drawn to or stuck in horrible, life-degrading habits. If this is you or someone you know, please stay with us as we attempt to lay out this subject in such a way that it will provide a motivation and means of walking away from such sin. 2 Timothy 3:1-2: Never could the Apostle have imagined that such things as we all have access to would be available! The online sex industry “takes” from you in an enticing way.

 **Dopamine, *The Science of Pornography Addiction, AsapSCIENCE***

2 Timothy 3:3-13: So many of these prophetic characteristics fit the online sex industry today!

 **Slavery and Consistency, *The Porn Paradox, Megan Johnson, TEDxGreenville***

The clamor for freedom of expression masks ignorance and deeply harmful actions.

 **Sex is legislated, *The Porn Paradox, Megan Johnson, TEDxGreenville***

Our expectations regarding our stand against these abusive things is to be ridiculed and laughed at, but we must take this stand!

**FIRST ACTION STEP: ACKNOWLEDGE THE UTTERLY DEGRADED STATE AND PURPOSE OF THE SEX INDUSTRY**

**You cannot know what it means to be hurt unless you know what it means to be healthy and strong:** Romans 1:16-19: We have to stand in faith in the right kinds of things - God, His word, His morality and His plan. Getting stuck in the trap of pornography does not mean God will strike you down dead, but we have an obligation as Christians to stand for something higher. It is not merely about being “right” or “good” or “moral,” since these can all be subjective based on society. What about casual porn use? What is wrong with that? That means casually, once in a while, you choose to not be godly. For those minutes, God does not matter and you will stand against what God says. Do we want to go down that road?

 **Supporting sex slavery, *The Porn Paradox, Megan Johnson, TEDxGreenville***

Pornography makes sex slavery possible, profitable and valuable to many people. Are we going to use this for our pleasure? Who gets hurt? The people in the industry - consenting or not! Do you want to support sex slavery, even if only a little bit?

Romans 1:20-25: Pornography is as far a contradiction from the will and way of God as we can imagine.

For the sake of our conversation, the truth of God is human sensuality in its proper and private place has been exchanged for human base desire presented in a depraved way to a depraved



world. There is nothing wrong with human sensuality in its proper place - God designed it so. When the sacred is taken from its proper place, it becomes polluted and for some reason becomes attractive.

**Extreme violence, *The Porn Paradox*, Megan Johnson, TEDxGreenville**

Who gets hurt? The families/spouses of those who access such depravity.

Romans 1:26-27: The depth of depression and hurt resulting from the porn industry is deeper than can be expressed.

**Humiliation becomes normal, *The Porn Paradox*, Megan Johnson, TEDxGreenville**

- *Fightthenewdrug.org* says the vast majority of pornography viewed by millions of people every day is teaching that humiliation and violence are a normal part of what sex is supposed to be. And studies show that the more socially normal one believes a behavior, the more likely they are to act upon it. We are raising a generation of boys and girls compelled to act out this false norm of sexual dominance and perversion, not to mention the unavoidable sexist racism. Pornography arouses viewers to mentally and physically engage in behaviors they would never dream of acting upon in real life but after multiple exposures, what was once shocking becomes mundane and the demand grows. Studies repeatedly show that people who view porn regularly are much more likely to pursue bought sex in real life. And as with any commodity, the lower the cost, the higher the profit, leading to inevitable exploitation of the most vulnerable. In fact, 80 percent of sex traffic survivors recall clients playing pornographic scenes for them to imitate.

Who gets hurt? Inevitably all of those who have exposure to those who indulge in such sin. It is thought that 56 percent of divorces involve pornography.

Romans 1:28-31: The putting aside of godly ways ALWAYS brings about a miserable and destructive end. The end is predictable. Sometimes we get sucked into these kinds of things - what do we do next?

**SECOND ACTION STEP: ACKNOWLEDGE THE DEPTH OF HURT AND DESTRUCTION YOU CONTRIBUTE TO PEOPLE YOU DO NOT EVEN KNOW (NOT TO MENTION THOSE WHOM YOU LOVE AND CHERISH) BY YOUR MISPLACED SEXUAL INDULGENCE**

Look at all the people who get hurt! Do you want to contribute to this?

**Physical insatiability, *The Porn Paradox*, Megan Johnson, TEDxGreenville**

- *Instead of placing sex within the context of a dynamic, multilayered, ever-changing relationship with a real person, the vast majority of pornography portrays sex as a solely physical act for predominately male arousal, which proves insatiable. The addictive properties of live-action porn consumption parallel that of cocaine, especially on developing minds. Users require more extreme and deviant forms of pornography to get the same level of satisfaction leading them to risk their education, jobs and relationships while compulsively searching for novel scenes, added violence and younger performers. In 2015, the most common search term for porn was “teen” and younger and younger victims follow with over 116,000 searches for child pornography every day. 80 percent of men arrested for child sex abuse possessed child pornography, more than half featuring children under the age of five.*

Luke 9:23-25: *Take up his cross daily* - Christianity is inherently about choice and action. For us, to choose a spiritual course means we act on *leaving behind* our physical life. This is a process that continues to daily unfold.

**Sensitization, *Your Brain on Porn - The Scary Effects of Porn*, DoctorScottHealth, [yourbrainonporn.com](http://yourbrainonporn.com)**

Your brain begins to associate satiating a desire sex with this particular thing. You are sensitized to it; it becomes magnetic for you.

1 Peter 1:14: If you are a Christian, you are stuck living a dual life. What do you do? You must control it and decide to step away from it.



 **Desensitization, Your Brain on Porn - The Scary Effects of Porn, DoctorScottHealth, yourbrainonporn.com**

Romans 12:1-2: *Be transformed* - have that transformation be a part of who you are. This is a choice. In our sinful state, the renewing of one's mind is a continuing process, in the same way we are to take up our cross daily. This indicates that Christian lives are to be driven by spiritual action habits. Bad things become habits. To counteract, we need something good to replace that habit. If we do not, we will go through sensitization where we get used to it, then desensitization where we need more that is disrespectful and harmful.

 **Hypofrontality, Your Brain on Porn - The Scary Effects of Porn, DoctorScottHealth, yourbrainonporn.com**

We start to lose control of our ability to control!

Philippians 3:12-14: Another of our spiritual action habits is the continual putting away - the continual letting go - of our sinful past so that we are free to reach forward and grasp our spiritual future. You cannot hold on to what is behind you and reach forward to that which is before you at the same time! You will break. As a Christian, we have to start making these decisions because being stuck in between is not a good place to be.

 **Dysfunctional stress circuits, Your Brain on Porn - The Scary Effects of Porn, DoctorScottHealth, yourbrainonporn.com**

You become an out of control human being, damaging those around you and those you are watching, many of whom are slaves.

1 Corinthians 6:16-20: *Glorify God in your body* - by watching porn and thereby supporting the slave trade industry, is that answer “yes?” Of course not. Engaging in porn and virtual sex is stepping toward and joining with absolute immorality. Spiritual action habits dictate we join with God (who owns us) through Christ and RUN from all immorality.

**THIRD ACTION STEP: ACKNOWLEDGE THE HARM AND DESTRUCTION YOU ARE CAUSING YOURSELF BY ENGAGING IN ANY FORM OF ONLINE SEXUALITY AND DWELL ON THE PAIN OF SUCH CHOICES**

**What do virtual sex and pornography do to my Christian beliefs?**

**Our belief system regarding intimate relationships is simple and sacred:** Genesis 2:21-25: Our belief system has its foundation in fidelity and the deep bonding that comes from it.

 **The brain - use it or lose it, The Science of Pornography Addiction, AsapSCIENCE**

This is good news. If we start to walk away from something and stay away from it, it will eventually allow our brain to right itself. This is not easy.

We started out by looking at how dark and despicable this problem is. Then we looked at who we hurt - those around us and ourselves. Now we are looking at what we believe in. This gives us ample evidence that we cannot go there anymore. All of these reasons need to be put in front of us and rehearsed again and again. Hebrews 13:4-5: There is great power in the sanctity of the privacy of the marriage relationship. Couple this with humility and contentment and we build a strong and faithful life!

 **Porn drives sex trafficking, The Porn Paradox, Megan Johnson TEDxGreenville**

Romans 6:15-19: To be a slave to benevolence and mercy is to be as free as a human being can be. To understand the degradation of the sex industry and support it is to be a slave of it as well, even with only periodic use.

 **Break up letter, Pornography Isn't Your Problem, Jason Mahr, TEDxCincinnati** (This was written by a minister who was stuck in the pornography vortex.)

**What should we hold on to?** 1 Corinthians 7:1-5: The Apostle recognized the need for sex within marriage. God made it pleasurable for a reason. Sexual activity in its proper place is a God-designed and sanctioned way to bond.



**FOURTH ACTION STEP: ACKNOWLEDGE THE ABSOLUTE CONTRADICTION PORNOGRAPHY AND VIRTUAL SEX PRESENT WITH YOUR CORE CHRISTIAN BELIEFS AND HOW THEY DESTROY ALL THAT YOUR BELIEFS STAND FOR**

**You can reprogram your brain, *Porn Addiction Recovery, curethecraving.com***

**FIFTH ACTION STEP: ASSEMBLE ALL THE THINGS YOU HAVE PREVIOUSLY ACKNOWLEDGED, WRITE THEM DOWN AND PLACE THEM BEFORE GOD AND BEFORE SOMEONE YOU TRUST. THEN DAILY RENEW YOUR FOCUS TO BE SANCTIFIED.**

**Set up new, accountable, godly habits. Why? Galatians 6:7-8: *God is not mocked* - Our “public life” and “private life” need to match. If you are following Christ, you have promised to leave sin behind. Of course we are going to drag sin around with us, but we must be working on it. It must be deeply important to us.**

A quick clarification...virtual sex is engaging with someone online. Some people think this is fine because no one is actually touching. Plain and simple, this is adultery.

We must have integrity and must teach our children integrity. This is why we suggest our listeners work with this program for their teenagers to show them the darkness and evil caused by the online sex industry versus God’s plan for us.

**Bought sex on camera (edited), *The Porn Paradox, Megan Johnson, TEDxGreenville***

**There is no room for pride in this fight; rather, we must humbly cling to the highest principles! 1 Corinthians 10:12-13: What happens if you get stuck in all of this? If you are willing to go back to your Christian faith, God can deliver you. It is not going to come via a miracle or a private prayer, then a cure. It will come through the humility of dragging yourself before God and others who can help you do the hard work. By God’s grace, good things can happen.**

**What if you relapse? Pray for forgiveness and stand again: Proverbs 24:16: We are not being righteous when engaging in pornography. We can stubbornly defy Him, saying it is part of our freedom of expression. But what is the cost of our freedom of expression? What is the trade-off for your gratification? Who gets hurt? You and everyone around you. Is it your right? Sure. But is it a godly way to live if you are a Christian? Not even close!**

What are we supporting when we engage in pornography...?

**My clicks support slavery (edited), *The Porn Paradox, Megan Johnson, TEDxGreenville***

When Jesus surrounded himself with sinners, he healed them. When we surround ourselves with the sin of pornography, we exploit them.

We need to emotionally rehearse the unconscionable treatment of women and children that pornography supports to build our heart conviction against it. Go over these things again and again! It is destructive and heinous. Put it right in front of you and hopefully it will give you that little bit of impetus to stop. Talk to a friend. Seek help. Pray. Do *not* stay where you are.

1 Thessalonians 4:1-7: We need to emotionally rehearse the glorious peace and contentment that come from being a follower of Jesus.

**Know the facts, *The Porn Paradox, Megan Johnson, TEDxGreenville***

Galatians 6:9: In due time you will reap a harvest if you are continuing to do good according to godly, righteous standards. We have to be willing and able to stand up against these things so that we can, with our full conscience, get behind the simple word, NO. “I am not going there anymore because the only thing that ever comes from going there is hurt, pain, suffering, abuse and all that brings about destruction.” That is not what our lives are about.

***Never give in, never give in, never, never, never, never, give in! - Winston Churchill***

***So, virtual sex and pornography - does God care?  
For Jonathan and Rick and Christian Questions...  
Think about it...!***